

4208 W. Partridge Way, Unit 3 • Peoria, IL 61615 Toll Free: 1-866-692-0860 • Phone: 309-692-0860 • Fax: 309-692-0862

2019

Dear Fund Member:

Recently, you returned the North Central Illinois Laborers' Health & Welfare Fund's Open Enrollment letter indicating that you may be interested in changing medical plan network that you will be covered under for 2020.

During this Open Enrollment period, you have the opportunity to choose the network under which you will receive your benefit coverage for the upcoming year. The benefit design of each of the Plans offered by the Health & Welfare Fund are outlined in the Schedule of Benefits.

Enclosed with this letter are brief descriptions of your network choices:

Blue Cross Blue Shield of Illinois network, a PPO plan network that offers both in and out-of-network benefits;

CIGNA network, a PPO plan network that offers both in and out-of-network benefits.

Each network description includes both customer service phone numbers and websites where physician and hospital participation can be reviewed.

If you decide to change from your current network to a new one for the 2020 calendar year, please complete the enclosed Enrollment Form entirely, making sure to indicate your network choice on Part A of the form. If you are adding dependents to your insurance, the Fund office will need copies of marriage and/or birth certificates. Please sign and return all required forms to the Fund office by November 30, 2019.

Please note that all changes become effective January 1, 2020 and remain effective until December 31, 2020.

If you are currently enrolled in Blue Cross Blue Shield of Illinois or CIGNA, and you decide **NOT** to change your network for the upcoming year, no further action is required.

Sincerely,

The North Central Illinois Laborers' Health & Welfare Fund

Blue Cross Blue Shield PPO Network

To: North Central Illinois Laborers' Health & Welfare Fund Members

Subject: Blue Cross Blue Shield Participating Provider Option

The Trustees are pleased to announce that your Health Benefits Plan offers the Blue Cross Blue Shield PPO Network as part of your benefit choices.

The Blue Cross Blue Shield Network includes over 225 hospitals and 22,000 physicians.

In order to receive maximum benefits, refer to the BCBS website at <u>www.bcbsil.com</u> or call 1-800-810-2583 to find out whether or not your hospital is in the PPO network. To determine if your physician is in the network, please either contact your physician's office, contact our customer service department or go online to <u>www.bcbsil.com</u>.

Blue Cross Blue Shield of Illinois 800-810-2583

www.bcbsil.com

- 1. Click on the Find a Doctor or Hospital tab
- 2. Click on Find a Doctor with Provider Finder Big box in the middle of page, a new page will open up
- 3. Select the State that you are looking in, then click search
- 4. Under Select Network or Plan, Scroll to Participating Provider Organization PPO
- 5. Enter in criteria to search for a provider Name, State, Zip Code etc...

After choosing the BCBS Network, within two weeks of the January 1st effective date, Blue Cross Blue Shield will send you a new ID card. Please utilize the new card for hospital and physician treatment only after the effective date. In order to receive the benefits of using the BCBS network, you must show the card any time you obtain medical treatment.

All PPO hospitals and physicians should file directly to Blue Cross Blue Shield and should not expect payment in full up front. Be sure to show your card in order to avoid a delay in claim processing. If any PPO hospitals advise differently, please notify the Fund Office.

Remember, your benefits are determined through the Fund's benefit SPD as administered by PBA. The Blue Cross Blue Shield PPO Network simply provides the network discounts, and does not determine benefits.

Let Us Welcome You to Our Community

A CIGNA PPO plan is one of your health insurance options offered through North Central Illinois Laborers' Health & Welfare Fund. We are very excited about this opportunity. As a member of the CIGNA community, you can expect all the benefits and services explained below, plus much more!

PPO

A Preferred Provider Organization (PPO) plan allows you and your covered dependents to choose where to receive health care services. Your level of coverage is determined by where you choose to receive services. You may choose to receive the highest level of coverage for services from a preferred provider. You may also choose to receive a lower level of coverage (and pay more out-of-pocket expenses) for services from a non-preferred provider.

Your Preferred Provider Network

Our extensive network of preferred providers and hospitals throughout Illinois allow our members to receive the care they need, when and where they need it.

Preferred provider health care services are paid according to the Schedule of Benefits. After members provide the necessary information, preferred providers will file claims to CIGNA for the members.

You can find network providers by calling CIGNA Customer Service Department c/o Professional Benefit Administrators, Inc at 800-435-5694. In addition, you can conveniently view providers online anytime by visiting www.cigna.com. To search for a provider on the website prior to January 1, 2019, follow these steps:

- 1. Click on the Find a Doctor tab
- 2. Under Select a Directory click on "For plans offered through work or school"
- 3. Click "Pick" under Select a Plan
- 4. Expand "Medical Plans" in the popup window and choose "PPO, Choice Fund PPO"
- 5. Click "Choose"
- 6. Enter your location and doctor search criteria
- 7. Click "Search"

Non-Preferred Providers

Benefits for services from non-preferred providers are paid according to the Schedule of Benefits, up to the usual, customary and reasonable charges after the individual or family deductible has been met. Members are responsible for submitting the claim or bill to CIGNA if the provider does not agree to send a claim on his or her behalf.

The provider will bill the portion of the cost the member is responsible for directly to the member after the plan has determined its payment. Members need to make sure claims for non-preferred providers are submitted to CIGNA within 60 days from the date of service. Claims submitted more than one year from the date of service are not covered by the plan.



Office Visits and Referrals

When a member uses one of the thousands of CIGNA preferred providers, he or she will only have to pay a \$20 co-payment for a primary care physician and \$50 for a specialist. The member does not need to select a Primary Care Physician.

To make the most of his or her coverage, the member will want to be sure to request that any physician making a referral makes the referral to another CIGNA preferred provider.

Under this PPO plan, a member can see non-preferred providers; however, the member will incur more out-of-pocket expenses for services rendered by non-preferred providers.

Out-of-Pocket Maximums

Once a member's share of *in-network* covered expenses reaches the out-of-pocket maximum of \$2,500 per person (or \$7,500 for the family), the NCILHWF Plan picks up 100% of the costs for covered services rendered by preferred providers for the remainder of the plan year. The deductible is included in the out-of-pocket maximum.

Routine mammograms and pap smears are covered at 100%, without payment of a deductible or copay by the participant. This benefit is in addition to the plans Wellness Benefit.

Please note that preventive care services received from a non-preferred provider are not covered.

Preauthorization

Members must have non-emergency hospitalization (including mental health and substance abuse treatment), outpatient surgery, and rehabilitation authorized in advance. Failure to have these benefits preauthorized may result in a reduction of benefits.

To obtain preauthorization, a member or his or her physician should call the number listed on the plan ID card or in the Schedule of Benefits at least three days before the hospitalization or treatment. If a member has an emergency admission or treatment, the member or a family member should call the preauthorization number within 48 hours of admission or treatment.

Because providers can leave or join the network at any time, it's important for members to have access to an updated provider listing. Members can visit <u>mycigna.com</u> and log in to view all the current providers available.

Convenient, Online Member Tools (Available beginning January 1, 2018)

When you have more information, you'll feel better about your health and your health spending. That's why we have tools and resources to help you estimate and compare costs and improve your health and wellness.

Medical cost estimator – compare estimated costs for various procedures based on Cigna's historical cost data.



Manage your health – the "Manage My Health" section includes a wealth of tools and information to help you get healthy and stay healthy. You'll find articles, support groups, and other resources on a variety of topics including blood pressure, cholesterol, tobacco cessation, weight management, stress and more.

To request member access:

- 1. Go to mycigna.com
- 2. Click on "Register Now" at the login screen.
- 3. Provide the requested information.
- 4. You will need to choose a user ID and a password.

To log on:

Once you are registered, you can easily view your account information in a secure environment. Just follow these easy five steps:

- 1. Go to mycigna.com
- 2. Log in with the user ID and password you chose at registration.
- 3. Click on "Member Services."
- 4. Select the service you wish to view from the menu of options.
- 5. Supply the requested information.

To **view**providers:

Login with your user name and password. Click on "Member Services," then click on "Provider Directory." Enter your search criteria. For your convenience, you can search by physician name or location. A listing of providers matching your criteria will appear.

After selecting a physician online, you can get driving directions to his or her office or, if available, view a photograph of the provider.

Questions? Please Call Customer Service!

CIGNA has a dedicated team of Customer Service Professionals, c/o Professional Benefit Administrators, Inc available to answer your questions during this transition time and beyond. Call at 800-435-5694 for assistance. We are happy to help.

About CIGNA

CIGNA and its predecessors have been in business since 1792, over 200 years. CIGNA has been winning awards for innovative health care delivery and services since it was created by merger in 1982. It is a leading provider-sponsored health insurer in the World, covering more than 15.2 million medical customers. It is accredited by both URAC and NCQA.





Date:

THE NORTH CENTRAL ILLINOIS LABORERS' HEALTH & WELFARE FUND

4208 W PARTRIDGE WAY, UNIT 3 • PEORIA, IL 61615

PHONE - 309-692-0860 • TOLL FREE - 866-692-0860 • FAX - 309-692-0862

ENROLLMENT / CHANGE FORM

EMPLOYMENT STATUS:	ACTIVE RETIRED	SURVIVING SPC	DUSE COBRA		LABORERS'	LOCAL #			
A. MARK PLAN OF CHOIC	E								
BLUE CROSS BLUE SHIEL	D CIGN	IA		SWITCHED HE	ALTH PLANS T	0:		_	
B. MEMBER DEPENDENT	CHANGE			C. MARITAL S	TATUS				
INITIAL ENROLLMENT	ADDRESS/PI	HONE CORRECTIO	N	MARRIED	SINGL	.E			
OPEN ENROLLMENT	DELETE DEP					LY SEPERATED			
ADD DEPENDENT (S)									
NAME CHANGE: FORME	R ΝΔΜΕ·								
D. MEMBER INFORMATIO									
	-								
NAME (LAST, FIRST, MIDDLE)			MAIDEN NAME		IT OR SPOUSE:			
					<u></u>		710		
MAILING ADDRESS			CITY		STATE		ZIP		
			1	1		1			
SEX	SOCIAL SECUR	ITY NUMBER	AGE	DATE O	F BIRTH	TELEPHONE I	NUMBER		
MALE FEMALE									
E. FAMILY INFORMATION	I								
List all family members to be	e covered. Please pr	int name. Please	attach copies of a	II documentatio	n needed: e.g.	birth certificat	es, marriage cer	tificate	2,
adoption paperwork, divorce	e decree, etc				Please use e	extra paper if a	dditional room is	s neede	ed.
NAME (LAST, FIRST, MIDDLE)	SOCIAL SECU	JRITY NUMBER	RELA	TION	DATE C	OF BIRTH	S	EX
							Γ	M	F
								M [F
							L	M [F
							I_		 F
								M [F
								M [F
				***				M	F
F. OTHER HEALTH INSUR		-		** THIS SECTI					
On the day your coverage be			-	alth plan, Medic	are, Medicaid	?YES NC) If yes, fill out t	his sec	tion.
Use extra paper if more than	n one additional poli	cy will be in force.							
COVERAGE TYPE :					MEDICARE	ELIGIBILITY DUE	E TO:		
MEDICAID	MEDICAL INSUR	ANCE	MEDICARE		KIDNEY F	AILURE DIS	ABILITY 🗌 AGE		
INSURANCE COMPANY NAM	IE AND NUMBER			POLICY N	IUMBER	POL	ICY COVERAGE [DATES	
							то		
NAME OF POLICY HOLDER			DATE O	F BIRTH	FAMILY ME	MBERS COVER	Ð		
EMPLOYER NAME		EMPLOYERS ADD	DRESS			EMPLOYERS	PHONE NUMBER	2	
MEDICARE COVERED FAMIL	Y MEMBERS		MEDICARE ID NU	IMBER	PART A. FFF	ECTIVE DATE	PART B. EFFEC	TIVF DA	ATE
IS YOUR SPOUSE EMPLOYED	? YES NO		I H INSURANCE OFFE	RED? YES	NO				
			TINSONANCE OF L						
NAME, ADDRESS AND PHON	IE NUMBER OF SPOU	JSES' EMPLOYER							
G. CERTIFICATION									
I, the undersigned applicant	t, apply for the heal	thcare coverage o	offered under the F	Plan of benefits	established by	y the Plan Spor	nsor, for myself	and an	y of
my eligible dependnets liste	ed on this applicatio	n. I certify and af	firm that all state	ments made in t	his Ernollmen	t/Change Forn	n are true.		

THE NORTH CENTRAL ILLINOIS LABORERS' HEALTH & WELFARE FUND

4208 W PARTRIDGE WAY, UNIT 3

PEORIA, IL 61615

SPOUSAL INSURANCE COVERAGE INFORMATION

	PART	1. MEMBER INFORMATION (To be completed b	by the Member and spouse)
Member's Name	2:		SS#	
Spouse's Name:			SS#	
Is Spouse Employ	yed? Yes	Member and spouse to sign	below and continu	ie to Part II
	NO	Member and spouse to sign	below and return f	form to Fund Office
changes. I under	rstand that if my s	-	in his or her emplo	understand my responsibility to notify you of any oyer-sponsored group health insurance plan, then an.
Member's Signa	ture		Date	
Spouse's Author	rization to Realeas	se Information: I hereby autho	orize my employer	to release the information requested below to the
North Central Illi	nois Laborers' Hea	alth & Welfare Fund or it's clain	ms administration,	, for the sole purpose of ascertaining eligibility
for enrollment ir	n my employer-spo	onsored plan.		
Spouse's Signatu	ure		Date	
	PART II. II	NFORMATION ON SPOUSE'S P	LAN (To be compl	eted by the spouse's employer.)
Your Employee's	Name:			
		Last, First, Middle		Medical YES NO
Is employee eligi	ible for your emplo	oyee-sponsored group health i	insurance plan?	
	currently enrolled		·	
	-	75% of the single coverage pr	emium?	
Does your plan e	enroll the employe	e in another plan and offer the	em a reduced med	ical coverage (for example,
a "wrap-around	" plan) based only	on the fact that they are a par	rticipant/depender	nt in this Fund?
If employee is No	OT enrolled in you	r plan, when will the employee	e be eligible to enr	oll in the plan?
		Comments:		
м	lonth/Day/Year			
Employer Name:	:		Insurance Ca	arrier Name:
Address				Address
	Telephone			Policy #
				Group #
If eligible employe	e is NOT enrolled in	your plan (at least 75% of premiu	im paid by the emplo	oyer), please send Summary Plan Document.
Completed by:]	You <u>MUST</u> enroll at your next open
	Signature	Date		enrollment if your employer pays at
	0			least 75% of the single coverage
				premium.
	Print Name and T	litle	L	

NORTH CENTRAL ILLINOIS LABORERS' HEALTH AND WELFARE FUND 4208 W. PARTRIDGE WAY, UNIT 3, PEORIA, IL 61615 BENEFICIARY FORM

LAST NAME	FIRST NAME				MIDDLE INITIAL			
HOME ADDRESS		CITY		STATE	ZIP	MARRIED	SINGLE	
DATE OF BIRTH	SC	OCIAL SECURIT	Y NUMBER		LC	DCAL UNION NUM	/IBER	
PRIMARY DEATH BENEFICIARY								
LAST NAME	FIRST NAME	MIDDLE	INITIAL	DATE O	F BIRTH	RELATI	ONSHIP	
ADDRESS OF BENEFICIARY								
STREET		CITY		STATE	ZIP	SOCIAL SECU	RITY NUMBER	
ALTERNATE BENEFICIARY								
LAST NAME	FIRST NAME MIDDLE INITIAL		INITIAL	DATE OF BIRTH		RELATIONSHIP		
ADDRESS OF ALTERNATE BENEFICIARY				-				
STREET		CITY		STATE	ZIP	SOCIAL SECU	RITY NUMBER	
DATE				SIGNATURE				
LIST BELOW NAMES OF YOUR SPO	OUSE AND UNMARRIE	ED CHILDREN T	HAT ARE DEPE	NDENT UPON	YOU FOR AT L	EAST 1/2 OF THE	IR SUPPORT	
List full name in order of age	Eldost First	Check Relationship		nip	Date of Birth			
List full hame in order of age	- Eldest First	Spouse	Son	Daughter	Month	Day	Year	

North Central Illinois Laborers' Health and Welfare Fund

Schedule of Benefits May 1, 2019 BlueCross BlueShield of Illinois Preferred Provider Organization (PPO) Plan

BLUECROSS BLUESHIELD OF ILLINOIS PREFERRED PROVIDER ORGANIZATION (PPO) PLAN - EFFECTIVE 05/01/19

Medical Benefits	In-Network (Illinois Providers Only)	Out-of-Network
Calendar Year Deductible ¹ - Individual	\$750	\$1,500
- Family	\$1,500	\$4,500
Out-of-Pocket Maximum - Individual	\$2,500	Unlimited
- Family	\$7,500	Unlimited
Maximum Medical and Prescription Drug Calendar Year Benefit	Unlimite	
Penalty for Failure to Preauthorize Outpatient Surgeries, Outpatient Rehabilitation, Habilitation Services, Inpatient Hospice Care, and Transplant Benefits	\$250 reduction in benefits	\$250 reduction in benefits NOTE: the Plan does not cover out-of- network Residential Treatment, Skilled Nursing, Inpatient Rehabilitation or Inpatient Habilitation care
Hospital Benefits (inpatient and outpatient) Preauthorization of out-of-network Inpatient Hospital Services Required	80%	50%
Outpatient Surgical Procedures ¹	80%; no deductible required	50%; no deductible required
Preauthorization Required	50%, no deductible required	50%, no deductible required
Primary Care Doctor's Office Visits	\$20 copay	50%
Specialist Office Visit	\$50 copay	50%
X-Rays and Labs (including Pre-Admission Testing)	80%	50%
Wellness, Preventive, Well Child, Well Baby Care ¹	100%; no deductible required	Not Covered
· · · · · · · · · · · · · · · · · · ·	80%	50%
Maternity Services		
Urgent Care	80%	80%
Emergency Room	\$200 copay	\$200 copay 80%
Ambulance Service	80%	
Eligible air ambulance services	will be paid at 300% of the Medicare Reimbursement I	Rate
Rehabilitation Services/Habilitation Services/Skilled Nursing Facility Inpatient - Coinsurance - Calendar Year Maximum Outpatient - Coinsurance - Calendar Year Maximum	80% if Medically Necessary 60 days per person 80% if Medically Necessary 60 visits per person (combined with out-of-	Out-of-network Residential Treatment, Skilled Nursing, Inpatient Rehabilitation or Inpatient Habilitation care services are not covered, unless medical emergency, then paid at 50% 50% if Medically Necessary for outpatient services
Produthorization Poquired for H	network) abilitation Services and Outpatient Rehabilitation Serv	60 visits per person (combined with in- network)
	abilitation Services and Outpatient Renabilitation Serv	
Mental Health Services/Substance Abuse Inpatient - Coinsurance Outpatient - Copay/Coinsurance Preauthorization of Out-of-Network Inpatient Services Required – Call Medical Cost Management (MCM)	80% \$20 copay office visit; no deductible required (outpatient only)	Out-of-network Residential Treatment, Skilled Nursing or Inpatient Rehabilitation care services are not covered, unless medical emergency, then paid at 50% 50% if Medically Necessary for outpatient
 For a list of in-network providers, contact BCBSIL For up to 6 free visits, contact the MAP provider listed on page 3 		no deductible required (outpatient only)
Additional Surgical Opinion ¹	80%; no deductible required	50%; no deductible required
Durable Medical Equipment/Prosthetic Devices	80% (additional limitations apply)	50% (additional limitations apply)
Spinal Manipulation (Chiropractic or Medical) Calendar Year Maximum	\$15 copay per visit 60 treatments up to \$1,000 (combined with out-of- network)	50% 60 treatments up to \$1,000 (combined with in-network)
Acupuncture included when Physician prescribed Home Health Care - Coinsurance - Calendar Year Maximum	80% 40 visits (combined with out-of-network)	50% 40 visits (combined with in-network)

Madical Danafte	la Naturala /Illia de Durada				
Medical Benefits	In-Network (Illinois Provide 80%	ers Only)	Out-of-Net 50%	IWOIK	
Podiatry Services Orthotic Calendar Year Maximum	\$500 (combined with out-of-r	network)	\$50% (combined with in-network)		
Other Covered Services, Radiation Therapy and Hospice Care	80%		50%		
Preauthorization Required for Inpatient Hospice Care					
Treatment of Temporomandibular Joint (TMJ)	80%		50%		
Preparatory Work Lifetime Maximum	\$1,000 (combined with out-or			mbined with in-network)	
Surgery Lifetime Maximum	\$2,000 (combined with out-or	f-network)		mbined with in-network)	
Smoking Cessation Benefits	80%		50%		
Sav-Rx Prescription Drug Benefit	Prescription drug benefits	s are only covered wh	en filled at a	a participating pharmacy.	
Out-of-Pocket Maximum - Individual	\$4,100				
- Family	\$5,700				
Retail Pharmacy	For up to a 34-day supply, y				
Generic Medication	10% (minimum \$10, maxim				
Preferred Brand Name Medication Non-Preferred Brand Name Medication	20% (minimum \$20, maxim 30% (minimum \$35, maxim				
Specialty Medication	20% (minimum \$20, maxim	,			
Mail Order Pharmacy/Retail Maintenance Program	For up to a 90-day supply, y				
Generic Medication	10% (minimum \$20, maxim	um \$40)			
Preferred Brand Name Medication	20% (minimum \$20, maximum \$40)				
Non-Preferred Brand Name Medication	30% (minimum \$100, maximum \$250)				
Specialty Medication	20% (minimum \$50, maximum \$100)				
Delta Dental of Illinois Dental Benefits ²					
Calendar Year Deductible (applies to Preventive/Diagnostic, Primary (Basic), and Major Care, but not Orthodontic services)	\$50 Individual/ \$100 Family	,			
Dental Benefits Calendar Year Maximum	\$1,500 ³				
Type of Dental Services	Delta Dental PPO Network ²	Delta Dental Premie Network ²	er	Out-of-Network ²	
Preventive/Diagnostic Care Services	100% of reduced fee	100% of maximum p	olan	80% of maximum plan	
Coinsurance paid by the Plan	(deductible applies)	allowance (deductibl		allowance (deductible applies)	
		applies)			
Primary (Basic) Care Services	80% of reduced fee	80% of maximum pla		80% of maximum plan	
Coinsurance paid by the Plan	(deductible applies)	allowance (deductibl applies)	le	allowance (deductible applies)	
Major Care Services	80% of reduced fee	80% of maximum pla	an	80% of maximum plan	
Coinsurance paid by the Plan	(deductible applies)	allowance (deductibl		allowance (deductible applies)	
		applies)	-		
Orthodontia Benefits (only for eligible Dependent children under age 19) -	50% of reduced fee	50% of maximum pla	an	50% of maximum plan	
Coinsurance paid by the Plan		allowance		allowance	
Vision Benefits	Administered by Professi	onal Benefit Administ	rators, Inc.		
	Administered by Professi \$250 per person per calend		rators, Inc.		
Vision Benefits		ar year ³			

1 The deductible applies to all covered benefits, except that you do not need to satisfy the deductible and it does not apply to surgical procedures performed on the day of surgery, second surgical opinion benefits, or outpatient mental health, in-network wellness, preventive, well-child, and well-baby care services.

2 For expenses incurred from a Delta Dental PPO Network Dentist or a Delta Dental Premier Dentist, you will not be "balance billed" for charges exceeding Delta Dental's allowed PPO fees or Delta Dental's maximum plan allowances, as applicable. For expenses incurred from an Out-of-Network dentist, you are responsible for charges exceeding Delta Dental's maximum plan allowances.

3 The maximums do not apply to children under the age of 19 for preventive dental, orthodontia, and vision exams.

4 The maximum does not apply toward hearing exams.

Payments made by the Plan will be made only if the expenses are Medically Necessary and Allowable. Benefits are subject to other limitations contained in the Summary Plan Description. Calendar Year limitations and maximums are calculated based on the date you incur the claim, which is the date service is rendered, and not the date the claim is paid. See the Summary Plan Description for information about additional benefits that are applicable only to Eligibility A Employees.

Continuing Eligibility For Eligibility A Employees

After you satisfy the initial eligibility requirements, your eligibility will continue for each succeeding three-month period if contributions are made on your behalf that satisfy one of the requirements for that three-month eligibility period according to the following schedule:

lf you work	You will be eligible for Plan benefits during
250 contribution hours in September, October, November; or 500 contribution hours in June through November; or 750 contribution hours in March through November; or 1,000 contribution hours in December through November.	January, February, and March
250 contribution hours in December, January, February; or 500 contribution hours in September through February; or 750 contribution hours in June through February; or 1,000 contribution hours in March through February.	April, May, and June
250 contribution hours in March, April, May; or 500 contribution hours in December through May; or 750 contribution hours in September through May; or 1,000 contribution hours in June through May.	July, August, and September
250 contribution hours in June, July, August; or 500 contribution hours in March through August; or 750 contribution hours in December through August; or 1,000 contribution hours in September through August.	October, November, and December

Contact Information

If you need information about	Contact	Contact Information
Eligibility, Life Insurance Benefits, and Accidental Death and Dismemberment Insurance Benefits	North Central Illinois Laborers' Health and Welfare Fund 4208 W. Partridge Way, Unit 3 Peoria, IL 61615-2467	866-692-0860 or 309-692-0860 [phone] 309-692-0862 [fax] ncil@ncil.us [e-mail] www.ncilhwf.com
Medical, Vision, Hearing, and Loss of Time Benefits and Claim Forms	Professional Benefit Administrators, Inc. (PBA) P.O. Box 4687 Oakbrook, IL 60522-4687	800-435-5694 or 630-655-3755 [phone] 630-655-3781 [fax] www.pbaclaims.com
Blue Cross Blue Shield of Illinois Participating Providers	Blue Cross Blue Shield of Illinois	800-810-2583 [phone] www.bcbsil.com [web site]
Preauthorization		
 Out-of-Network Inpatient Hospitalization, Outpatient Surgeries, Outpatient Rehabilitation, Habilitation, Inpatient Hospice Care and Transplant Benefits 	Medical Cost Management	800-367-9938 [phone]
 Out-of-Network Inpatient Mental Health and Substance Abuse Treatment 		
Member Assistance Plan (MAP)	Employee Resource Systems (ERS)	800-292-2780 [phone] www.ers-eap.com
Prescription Drug Benefits	Sav-Rx Mail Order P.O. Box 8 Fremont, NE 68026	800-228-3108 [phone] www.savrx.com [web site]
Dental Benefits	Delta Dental of Illinois P.O. Box 5402 Lisle, IL 60532 Group # 20141	800-323-1743 [phone] www.deltadentalil.com [web site]

Note: If you do not obtain Preauthorization when required, your benefits may be reduced.

North Central Illinois Laborers' Health and Welfare Fund

Schedule of Benefits May 1, 2019 CIGNA Preferred Provider Organization (PPO) Plan

CIGNA PREFERRED PROVIDER ORGANIZATION (PPO) PLAN - EFFECTIVE 05/01/19

Medical Benefits	In-Network (Illinois Providers Only)	Out-of-Network
Calendar Year Deductible ¹ - Individual - Family	\$750 \$1,500	\$1,500 \$4,500
Out-of-Pocket Maximum - Individual - Family	\$2,500 \$7,500	Unlimited Unlimited
Maximum Medical and Prescription Drug Calendar Year Benefit	Unlimite	ed
Penalty for Failure to Preauthorize Outpatient Surgeries, Outpatient Rehabilitation, Habilitation Services, Inpatient Hospice Care and Transplant Benefits	\$250 reduction in benefits	\$250 reduction in benefits NOTE: the Plan does not cover out-of network Residential Treatment, Skilled Nursing or Inpatient Rehabilitation or Inpatient Habilitation care
Hospital Benefits (inpatient and outpatient) Preauthorization of Out-of-Network Inpatient Hospital Services Required	80%	50%
Outpatient Surgical Procedures ¹ Preauthorization Required	80%; no deductible required	50%; no deductible required
Primary Care Doctor's Office Visits	\$20 copay	50%
Specialist Office Visit	\$50 copay	50%
X-Rays and Labs (including Pre-Admission Testing)	80%	50%
Wellness, Preventive, Well Child, Well Baby Care ¹	100%; no deductible required	Not Covered
Maternity Services	80%	50%
	80%	80%
Urgent Care		
Emergency Room	\$200 copay	\$200 copay
Ambulance Service	80%	80%
Eligible air ambulance services	will be paid at 300% of the Medicare Reimbursement I	Rate
Rehabilitation Services/Habilitation Services/Skilled Nursing Facility Inpatient - Coinsurance - Calendar Year Maximum Outpatient - Coinsurance - Calendar Year Maximum	80% 60 days per person 80% 60 visits per person (combined with out-of- network)	Out-of-network Residential Treatment, Skilled Nursing, Inpatient Rehabilitation or Inpatient Habilitation care services are not covered, unless medical emergency, then paid at 50% 50% if Medically Necessary for outpatient services 60 visits per person (combined with in-
		network)
	abilitation Services and Outpatient Rehabilitation Serv	
Mental Health Services/Substance Abuse Inpatient - Coinsurance Outpatient - Copay/Coinsurance Preauthorization of Out-of-Network Inpatient Services Required - Call Professional Benefit Administrators (PBA) • For a list of in-network providers, contact PBA • For up to 6 free visits, contact the MAP provider listed on page3	80% \$20 copay office visit no deductible required (outpatient only)	Out-of-network Residential Treatment, Skilled Nursing or Inpatient Rehabilitation care services are not covered, unless medical emergency, then paid at 50% 50% if Medically Necessary for outpatient services
Additional Surgical Opinion1	00% upo doduotiblo required	no deductible required (outpatient only)
Additional Surgical Opinion ¹ Durable Medical Equipment/Prosthetic Devices	80%; no deductible required 80% (additional limitations apply)	50%; no deductible required 50% (additional limitations apply)
Spinal Manipulation (Chiropractic or Medical) Calendar Year Maximum Acupuncture included when Physician prescribed	\$15 copay per visit 60 treatments up to \$1,000 (combined with out-of- network)	50% 60 treatments up to \$1,000 (combined with in-network)
Home Health Care - Coinsurance - Calendar Year Maximum	80% 40 visits (combined with out-of-network)	50% 40 visits (combined with in-network)
Podiatry Services	80%	50%
Orthotic Calendar Year Maximum	\$500 (combined with out-of-network)	\$500 (combined with in-network)
Other Covered Services, Radiation Therapy and Hospice Care Preauthorization Required for Inpatient Hospice Care	80%	50%

Medical Benefits	In-Network (Illinois Provide		Out-of-Network
Treatment of Temporomandibular Joint (TMJ) Preparatory Work Lifetime Maximum Surgery Lifetime Maximum	80% \$1,000 (combined with out- \$2,000 (combined with out-	of-network)	50% \$1,000 (combined with in-network) \$2,000 (combined with in-network)
Smoking Cessation Benefits	80%	ł	50%
Sav-Rx Prescription Drug Benefit	Prescription drug benefits	s are only covered when fil	led at a participating pharmacy.
Out-of-Pocket Maximum - Individual	\$4,100		
- Family Retail Pharmacy Generic Medication Preferred Brand Name Medication Non-Preferred Brand Name Medication	\$5,700 For up to a 34-day supply. 10% (minimum \$10, maxii 20% (minimum \$20, maxii 30% (minimum \$35, maxii	mum \$20) mum \$50)	
Specialty Medication	20% (minimum \$20, maxii	mum \$50)	
Mail Order Pharmacy/Retail Maintenance Program Generic Medication Preferred Brand Name Medication Non-Preferred Brand Name Medication	For up to a 90-day supply, you pay: 10% (minimum \$20, maximum \$40) 20% (minimum \$50, maximum \$100) 30% (minimum \$100, maximum \$250)		
Specialty Medication	20% (minimum \$50, maxii	mum \$100)	
Delta Dental of Illinois Dental Benefits ²			
Calendar Year Deductible (applies to Preventive/Diagnostic, Primary (Basic), and Major Care, but not Orthodontic services)	\$50 Individual/ \$100 Fami	ly	
Dental Benefits Calendar Year Maximum	\$1,500 ³		
Type of Dental Services	Delta Dental PPO Network ²	Delta Dental Premier Network ²	Out-of-Network ²
Preventive/Diagnostic Care Services Coinsurance paid by the Plan	100% of reduced fee (deductible applies)	100% of maximum pla allowance (deductible applies)	n 80% of maximum plan allowance (deductible applies)
Primary (Basic) Care Services Coinsurance paid by the Plan	80% of reduced fee (deductible applies)	80% of maximum plan allowance (deductible applies)	80% of maximum plan allowance (deductible applies)
Major Care Services Coinsurance paid by the Plan	80% of reduced fee (deductible applies)	80% of maximum plan allowance (deductible applies)	80% of maximum plan allowance (deductible applies)
Orthodontia Benefits (only for eligible Dependent children under age 19) - Coinsurance paid by the Plan	50% of reduced fee	50% of maximum plan allowance	50% of maximum plan allowance
Vision Benefits	Administered by Profession	onal Benefit Administrator	
Covered Services	\$250 per person per caler		
Hearing Benefits		onal Benefit Administrator	s, Inc.
Hearing Benefits Lifetime Maximum	\$5,000 ⁴		

1 The deductible applies to all covered benefits, except that you do not need to satisfy the deductible and it does not apply to surgical procedures performed on the day of surgery, second surgical opinion benefits, or outpatient mental health, in-network wellness, preventive, well-child, and well-baby care services.

2 For expenses incurred from a Delta Dental PPO Network Dentist or a Delta Dental Premier Dentist, you will not be "balance billed" for charges exceeding Delta Dental's allowed PPO fees or Delta Dental's maximum plan allowances, as applicable. For expenses incurred from an Out-of-Network dentist, you are responsible for charges exceeding Delta Dental's maximum plan allowances.

3 The maximums do not apply to children under the age of 19 for preventive dental, orthodontia, and vision exams.

4 The maximum does not apply toward hearing exams.

Payments made by the Plan will be made only if the expenses are Medically Necessary and Allowable. Benefits are subject to other limitations contained in the Summary Plan Description. Calendar Year limitations and maximums are calculated based on the date you incur the claim, which is the date service is rendered, and not the date the claim is paid. See the Summary Plan Description for information about additional benefits that are applicable only to Eligibility A Employees.

Continuing Eligibility for Eligibility A Employees

After you satisfy the initial eligibility requirements, your eligibility will continue for each succeeding three-month period if contributions are made on your behalf that satisfy one of the requirements for that three-month eligibility period according to the following schedule:

If you work	You will be eligible for Plan benefits during
250 contribution hours in September, October, November; or 500 contribution hours in June through November; or 750 contribution hours in March through November; or 1,000 contribution hours in December through November.	January, February, and March
250 contribution hours in December, January, February; or 500 contribution hours in September through February; or 750 contribution hours in June through February; or 1,000 contribution hours in March through February.	April, May, and June
250 contribution hours in March, April, May; or 500 contribution hours in December through May; or 750 contribution hours in September through May; or 1,000 contribution hours in June through May.	July, August, and September
250 contribution hours in June, July, August; or 500 contribution hours in March through August; or 750 contribution hours in December through August; or 1,000 contribution hours in September through August.	October, November, and December

Contact Information

If you need information about	Contact	Contact Information
Eligibility, Life Insurance Benefits, and Accidental Death and Dismemberment Insurance Benefits	North Central Illinois Laborers' Health and Welfare Fund 4208 W. Partridge Way, Unit 3 Peoria, IL 61615-2467	866-692-0860 or 309-692-0860 [phone] 309-692-0862 [fax] ncil@ncil.us [e-mail] www.ncilhwf.com
Vision, Hearing, and Loss of Time Benefits and Claim Forms	Professional Benefit Administrators, Inc. (PBA) P.O. Box 4687 Oakbrook, IL 60522-4687	800-435-5694 or 630-655-3755 [phone] 630-655-3781 [fax] www.pbaclaims.com
CIGNA Participating Providers	CIGNA c/o Professional Benefit Administrators, Inc. (PBA)	800-435-5694 www.mycigna.com [web site] (Member sign-in required)
Preauthorization		
 Out-of-Network Inpatient Hospitalization, Outpatient surgeries, Outpatient Rehabilitation, Habilitation, Inpatient Hospice Care and Transplant Benefits 	CIGNA c/o Professional Benefit Administrators, Inc. (PBA)	800-435-5694
 Out-of-Network Inpatient Mental Health and Substance Abuse Benefits 		
Member Assistance Plan (MAP)	Employee Resource Systems (ERS)	800-292-2780 [phone] www.ers-eap.com
Prescription Drug Benefits	Sav-Rx Mail Order P.O. Box 8 Fremont, NE 68026	800-228-3108 [phone] www.savrx.com [web site]
Dental Benefits	Delta Dental of Illinois P.O. Box 5402 Lisle, IL 60532 Group # 20141	800-323-1743 [phone] www.deltadentalil.com [web site]

Note: If you do not obtain Preauthorization when required, your benefits may be reduced.